

Learning at Work Week
18 - 24 May 2026

LEARNING AT WORK WEEK 2026

Learning at Work Week (18–24 May 2026) is the national celebration of lifelong learning, coordinated by the Campaign for Learning. It encourages organisations of every size and sector to champion learning culture and run activities that spark curiosity and development at work.

The NSAFD and our Industry Approved Training Providers are proud to be supporting this year's campaign, with a full calendar of online events available for all ESN members. Sessions cover a wide range of topics including basic health and safety, mental health awareness, apprenticeship support, and insights into the current skills landscape—all designed to help teams grow, upskill and stay future-ready.

An introduction to Behavioural Science for Leadership in Safety

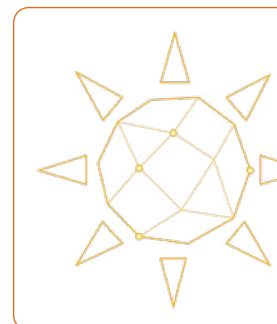
Monday 18th May 2026 — 10am - 10.45am

Who's it for?: This session is aimed at businesses and the people within them who really do want to make staff, management and directors think differently about safety.

Overview: Behavioural Science for Leadership in Safety helps teams shift from being told to work safely to genuinely wanting to. This short session introduces core elements of the IOSH-accredited programme, including leadership influence, behavioural drivers, performance psychology, the ABC model and effective safety goal-setting.

Learn more: <https://1cstc.co.uk/iosh-behavioural-science-for-leadership/>

1st CHOICE
SAFETY TRAINING
& CONSULTANCY



Healthy Boundaries at Work: Protecting Wellbeing in High-Pressure Environments

Monday 18th May 2026 — 12pm - 1pm

Who's it for?: Mixed gender employees across food & drink manufacturing; individuals in operational, technical, QA, engineering, CI and support roles; team leaders and supervisors; or those experiencing role creep or emotional fatigue.

Overview: The session explores what boundaries are and are not, and how unspoken needs and ignored boundaries can lead to frustration and fatigue. It covers the connection between boundaries, emotional wellbeing, and self-respect, and how to take personal responsibility for communicating and protecting those boundaries.

springboard
consultancy



TO ACCESS ANY OF THE COURSES
PLEASE CONTACT INFO@NSAFD.CO.UK

Branding and Sales - Developing your Proposition

Monday 18th May 2026 — 2pm - 2.45pm

Who's it for?: For food and drink businesses that are struggling to reach enough customers or are facing increased competition in their market. It would be good for senior leaders to understand the concepts and why they're important, or as a refresher for marketing teams.

Overview: This session helps you refine how you present, price and sell what you offer. You'll explore the 4 Ps of marketing, strengthen your brand positioning and define a clear USP that resonates with the right customers. We'll show how buying decisions are really made and introduce a simple behavioural framework to turn your positioning into compelling sales conversations.



Less Escalation, More Ownership: Strengthening Supervisor Performance Management

Monday 18th May 2026 — 3pm - 4pm

Who's it for?: HR, L&D and people leaders

Overview: A practical session on helping supervisors tackle small issues early so problems stay on the shop floor and don't escalate to HR. You'll get a simple tool you can use straight away, hear what's working across the network, and gain a frontline view of how better conversations improve day-to-day performance.



Negotiation and Persuasion to Win Without Damage

Tuesday 19th May 2026 — 10.30am - 11.30am

Who's it for?: Anyone

Overview: This session explores how to get better outcomes in challenging conversations while keeping relationships intact, how to influence decisions without formal authority, and how to hold firm on standards without creating conflict. You'll learn practical techniques to manage pushback and guide others toward better decisions.



Managing Change: Leading Teams Through Transition

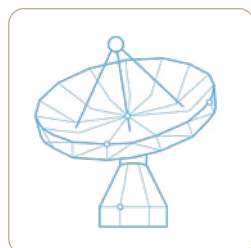
Tuesday 19th May 2026 — 12pm - 1pm

Who's it for?: Team leaders, supervisors, line managers, and employees involved in Continuous Improvement or operations.

Overview: What Participants Will Explore: How individuals and teams typically respond to change; why reactions differ and what leaders can notice; how leadership style can adapt; and the role of communication and empathy in navigating uncertainty.



TO ACCESS ANY OF THE COURSES PLEASE CONTACT INFO@NSAFD.CO.UK



The Leadership Gap: Why UK Manufacturing's £400B AI Opportunity Starts With Your Leaders

instep

Tuesday 19th May 2026 — 12pm - 1pm

Who's it for?: Food-and-drink manufacturing sector leaders, HR and L&D professionals, and anyone responsible for driving digital transformation.

Overview: Manufacturing is a priority sector for AI adoption, yet skills gaps are slowing progress. This webinar introduces three core leadership principles—communication, accountability and delegation—through the lens of AI to help build the mindset needed to unlock technology's potential.

Designing Work That Works: Neurodiversity, Stress Prevention & Sustainable Performance

1st CHOICE
SAFETY TRAINING
& CONSULTANCY

Wednesday 20th May 2026 — 10.30am - 11.30am

Overview: By the end of the session, participants will: understand what neurodiversity is and why it matters at work, recognise how workplace design contributes to stress and anxiety for neurodivergent people, understand masking and its impact on wellbeing and attendance, know how small, practical changes can prevent work-related stress, and improve wellbeing and reduce lost working time.

Beyond the Gen-Z label: how the science of emerging adulthood can help us to better support our younger employees



JACQUELINE WEEKS
Chartered Coaching
Psychologist

Wednesday 20th May 2026 — 12.30pm - 1.30pm

Who's it for?: Managers and Team leaders

Overview: If you're managing someone aged 16–29, you're supporting a key developmental stage. Psychologist Jacqueline Weeks will unpack the real psychology behind this age group and share practical tools to build confidence, resilience and engagement in your younger workforce.

Coaching & Mentoring Basics: Better Conversations That Build Capability

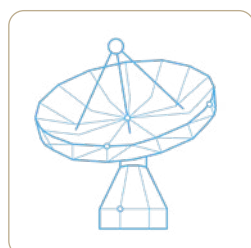
cqm training & consultancy

Thursday 21st May 2026 — 12pm - 1pm

Who's it for?: Team leaders, supervisors, and shift managers; technical, QA, and operations colleagues; and HR professionals.

Overview: Explore Coaching vs mentoring and the GROW structure to guide short, focused conversations. Learn listening habits that unlock better dialogue and a practical mindset shift from giving answers to helping others find their next step.

TO ACCESS ANY OF THE COURSES PLEASE CONTACT INFO@NSAFD.CO.UK



Career FlightPlan: Designing your personal 'safety plan' for a high-turbulence world

Thursday 21st May 2026 — 12.30pm - 1.30pm

Who's it for?: Anyone

Overview: Workplace turbulence is inevitable, from tech shifts to personal wobbles. This session helps you build a 'pre-flight safety plan' using Career FlightPlan—a flexible, values-led approach to navigating your career with clarity through every twist and turn.



JACQUELINE WEEKS
Chartered Coaching
Psychologist

Effective and impactful recruitment and training: What should you be asking of your providers

Thursday 21st May 2026 — 2pm - 3pm

Who's it for?: Learning and Development Professionals/Managers, Apprenticeship and Early Careers Managers, HR Managers, Operations Managers, and Production leads

Overview: This session will equip attendees with the key questions, insights, and practical tools needed to work strategically with training providers. The goal is to ensure that every apprenticeship or skills programme is truly aligned to organisational priorities, workforce planning needs, and the learner experience.

Attendees will explore how to shape apprenticeship delivery, so it is flexible, relevant, and high-value, getting beyond "off-the-shelf" provision. We'll focus on how to collaborate with providers to strengthen recruitment pipelines, tailor training, and secure measurable outcomes for both employers and apprentices.



Process Leader – Building relationships and driving decisions through data

Friday 22nd May 2026 — 11am - 12pm

Who's it for?: L&D Professionals, Operations Managers, HR Managers, and Production leads

Overview: This bitesize session from the Level 4 Process Leader apprenticeship programme provides insight into managing stakeholder relationships and communicating across teams. It also covers utilizing data-driven decision-making and presenting information in a clear, actionable manner.



TO ACCESS ANY OF THE COURSES PLEASE CONTACT INFO@NSAFD.CO.UK

