

## **FEMALE LEADERS Level 5**

### **Apprenticeship Programme Information**

Through a combination of group workshops, peer learning, assessments, one-on-one coaching, guest speakers and thought leaders, participants will learn the essential skills, capabilities and behaviours to harness their personal strengths and translate them into a unique and powerful leadership style that can thrive in any environment, especially a male-dominated one. The 18-month programme intent is to Ignite female talent and unlock the female higher potential. The programme also gives participants the unique opportunity to be mentored by experienced senior leaders from large organisations. Our mentors have been selected for their extensive business experience, leadership capability and commitment to meaningful development.

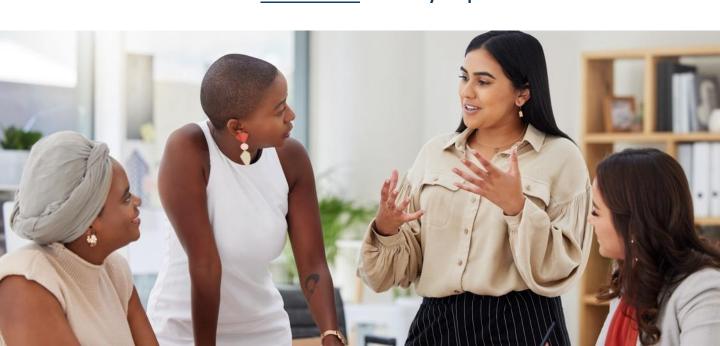
#### Who is it for?

The programme is suitable for female colleagues who manage teams and/or projects and who's key responsibilities may include creating and delivering operational plans, managing projects, leading and managing teams, managing change, financial and resource management, talent management, coaching and mentoring.

#### **Examples of the challenges addressed**

- Self Perception Overcoming Imposter Syndrome & opening up to, and listening for you inner voice.
- Reality Testing Managing Bias & recognising emotions or personal bias that cause people to be less objective.
- Strategy and Control Dealing with feelings of frustration and belief in

We are hosting a series of awareness sessions; if you would like to join us Please click this link to book your place.



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### **Apprenticeship Programme Journey**

